SEC Form 4	
------------	--

 \square

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burg	len									
hours per response.	0.5									

1. Name and Addr	1 0		2. Issuer Name and Ticker or Trading Symbol SEMPRA ENERGY [SRE]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
CARTER HERBERT L				X	Director	10% Owner			
(Last) 101 ASH ST.	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/04/2004		Officer (give title below)	Other (specify below)			
(Street) SAN DIEGO	CA	92101	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	vidual or Joint/Group Fili Form filed by One Re Form filed by More th Person	porting Person			
(City)	(State)	(Zip)							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Title of Security (Instr. 3)	Date (Month/Day/Year)	if any	Code (Instr.		Disposed Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion or Exercise	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transa Code (ction	5. Number 6		6. Date Exerc Expiration Da (Month/Day/)	7. Title and Amount of Securities		8. Price of Derivative Security	9. Number of derivative Securities	10. Ownership Form:	11. Nature of Indirect Beneficial	
(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	8)		Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		(nonined) real)		Underlying Derivative Security (Instr. 3 and 4)		(Instr. 5)	Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option ⁽¹⁾	\$32.45	05/04/2004		A		5,000		(1)	(1)	Common Stock	5,000	(1)	5,000	D	

Explanation of Responses:

1. Non-employee director stock options to purchase Sempra Energy Common Stock. Fully exercisable as to all shares subject thereto commencing on the date of the Sempra Energy Annual Meeting of Shareholders next succeeding the date of grant or, if earlier, the occurrence of a change in control (as defined) or termination of director service as a result of death, disability, retirement (as defined) or involuntary termination (other than for cause). Expire ten years from date of grant or, if earlier, five years following termination of director service.

Remarks:

HERBERT L. CARTER, G.

Joyce Rowland, Senior VP of Sempra Energy and Attorney-In-Fact

05/05/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.